

In the name of Allah, Most Gracious, Most Merciful

My dear brother,

Allah (SWT) said (*Allah intends every facility for you; He does not want to put to difficulties*) (2:185).

Also Allah the almighty said (*and make not your own hands contribute to (your) destruction*) (2:195).

Ibn Umar (May Allah be pleased with him) reported: The Messenger of Allah, peace and blessings be upon him, said, "Verily, Allah loves for you to take his concessions, just as he dislikes for you to be disobedient." [Musnad Ahmad].

Aishah (May Allah be pleased with her) reported: Whenever the Prophet (ﷺ) was given a choice between two matters, he would (always) choose the easier as long as it was not sinful to do so; but if it was sinful he was most strict in avoiding it. [Al- Bukhari and Muslim]

Imam Nawawi said: it is preferred to follow the easier, if it is not Haram or Makruh.

Also fasting might be Haram, if the sick person will get harmed by his fasting.

So, in the light of the above: it is permitted for the sick person to break his fast if his sickness will increase or slow down by his fasting. And he can recompense these days after the holy month of Ramadan as in the saying of Allah the almighty (*but if any one is ill, or on a journey, the prescribed period (Should be made up) by days later*) (2:185). And who is in quarantine if he is healthy, no permission for him to break his fast for this reason unless the trusted doctors advise otherwise.