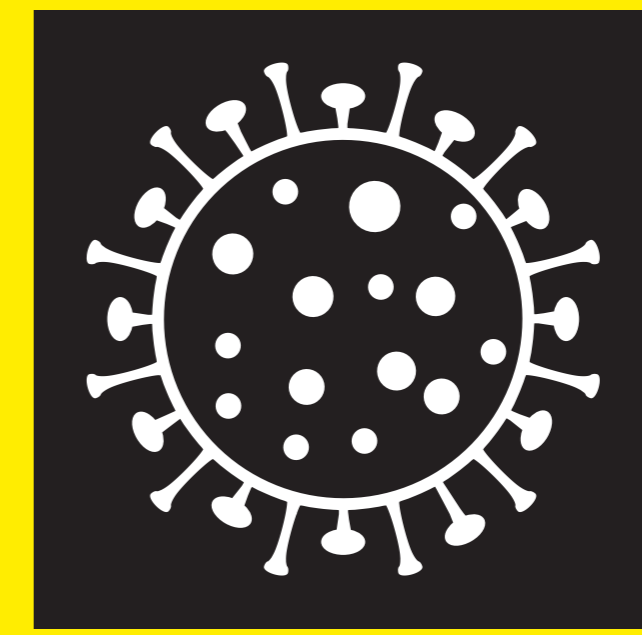


Coronavirus COVID-19



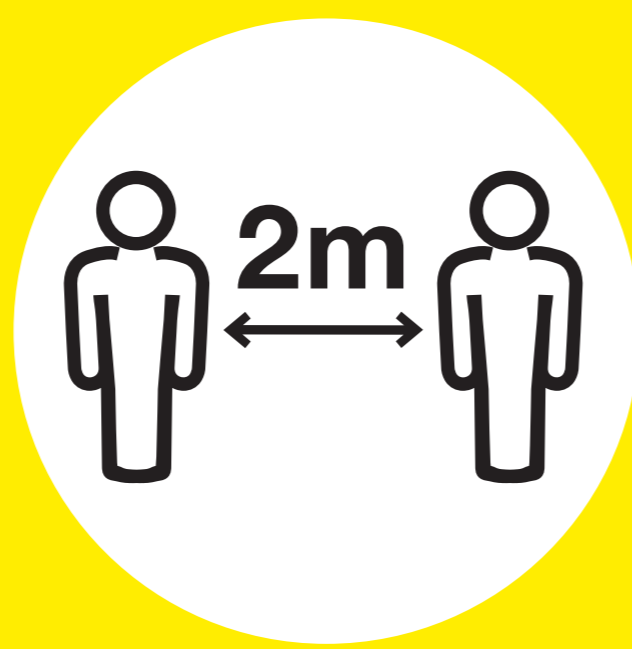
Coronavirus
COVID-19
Public Health
Advice

Stay safe guidelines when using public transport.



Know

the symptoms. If you have them self isolate and contact your GP immediately



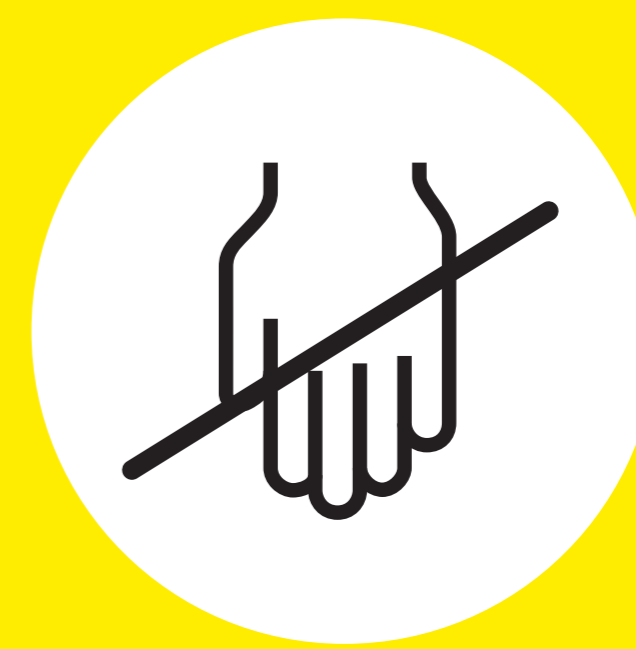
Keep

2m away from other people where possible



Wear

a face covering *



Avoid

touching surfaces where possible



Practice

good cough /sneeze hygiene. Use your elbow or a tissue



Don't

touch your face



Pay

special attention to vulnerable people



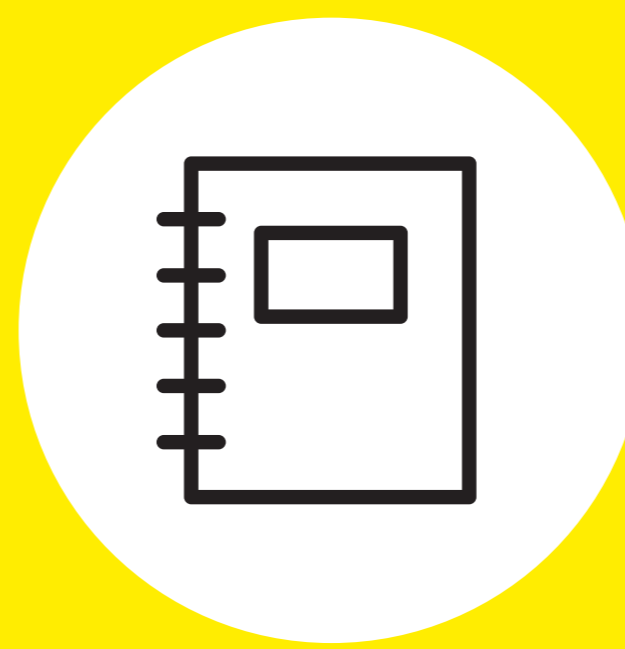
Respect

other people including staff



Wash

your hands for at least 20 seconds after using public transport



Keep

a log of who you meet each day

COVID-19 symptoms include

- > high temperature
- > cough
- > breathing difficulty
- > loss of sense of taste or smell
- > flu-like symptoms

* Not suitable for children under 13 and those who have difficulty wearing them

#holdfirm

Ireland's public health advice is guided by WHO and ECDC advice



Rialtas na hÉireann
Government of Ireland