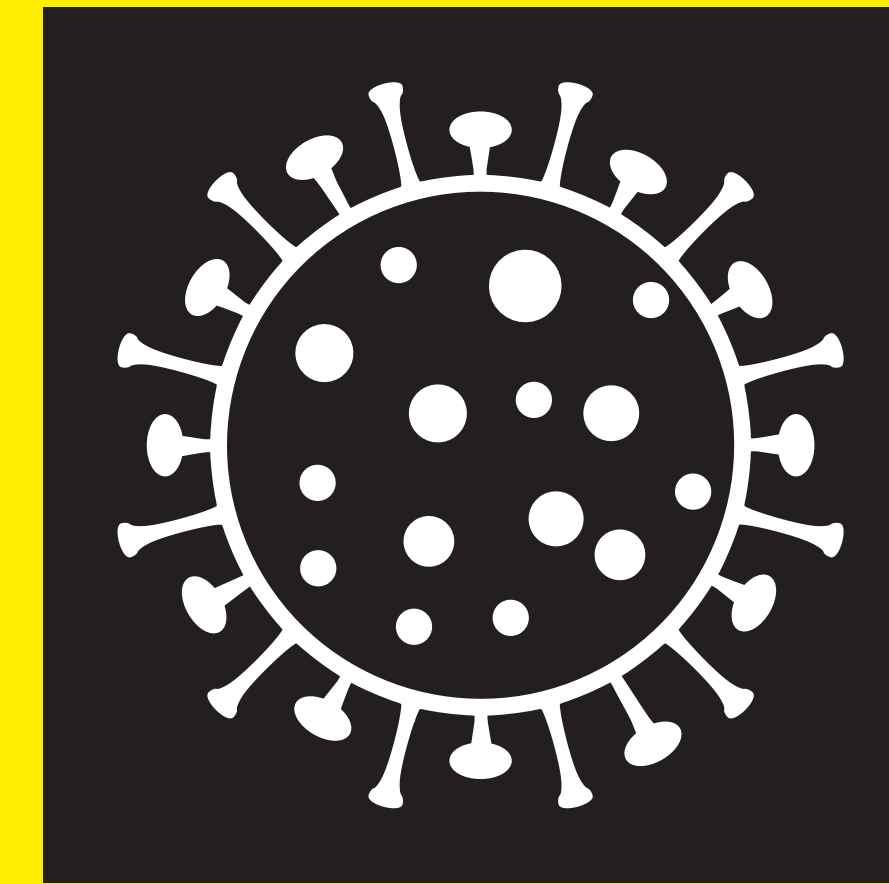


# Coronavirus **COVID-19**



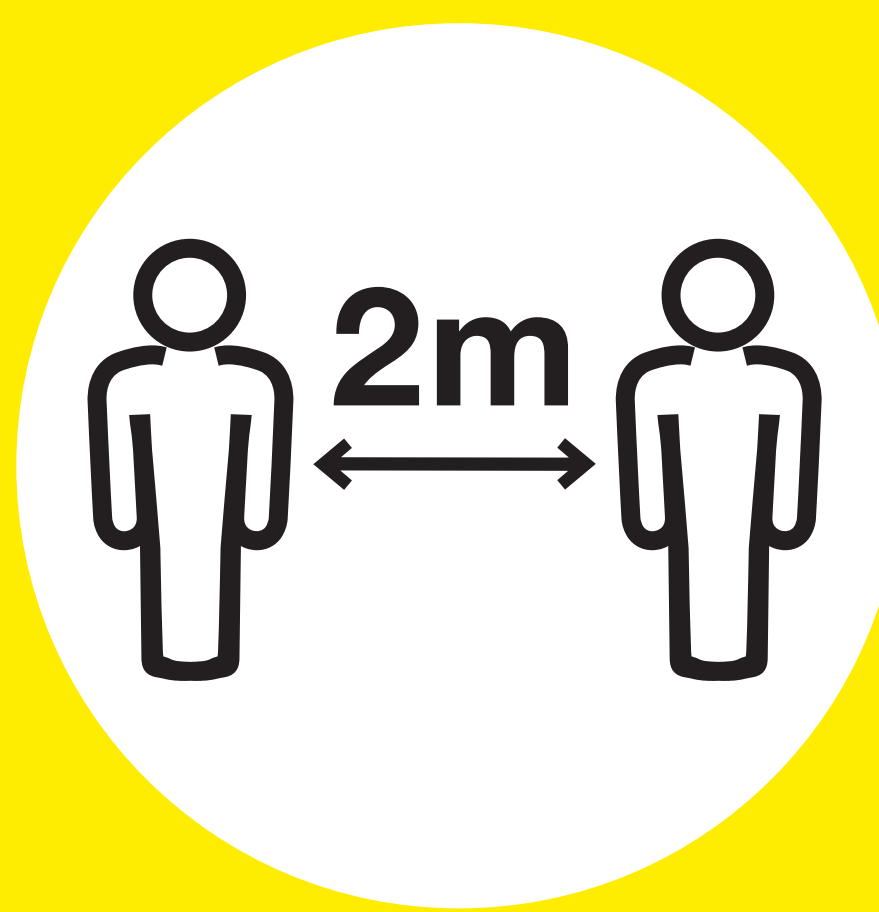
Coronavirus  
**COVID-19**  
Public Health  
Advice

## Stay safe guidelines when using public transport.



### **Know**

the symptoms. If you have them self isolate and contact your GP immediately



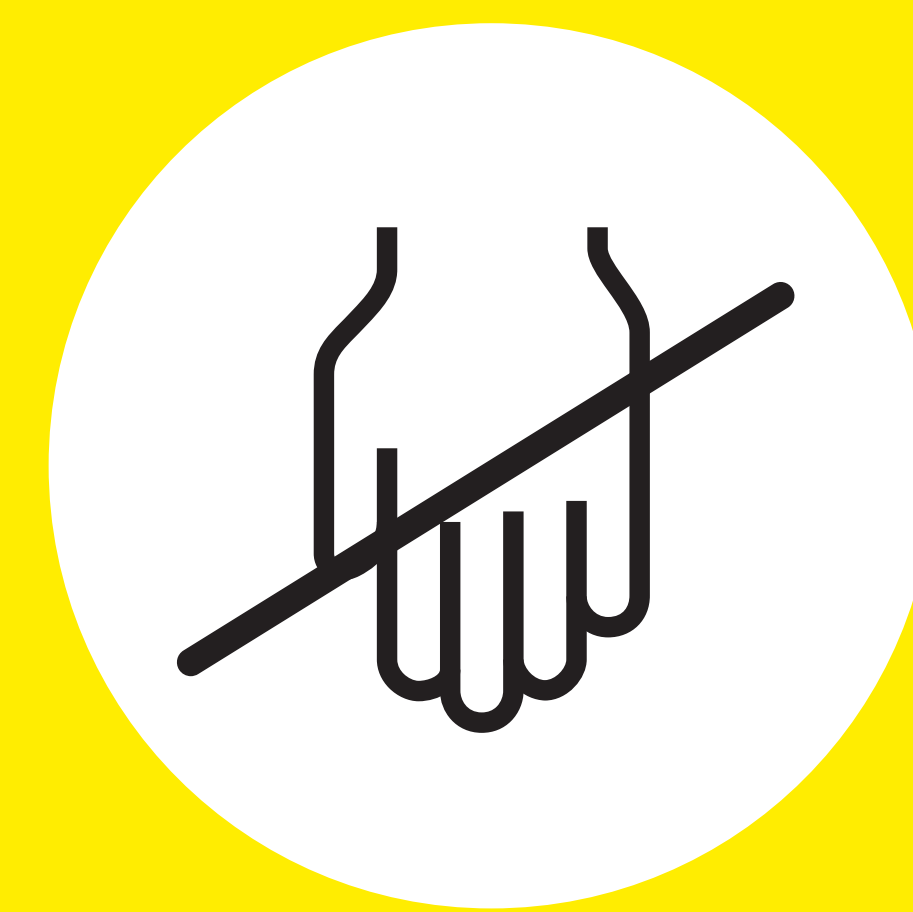
### **Keep**

2m away from other people where possible



### **Wear**

a face covering \*



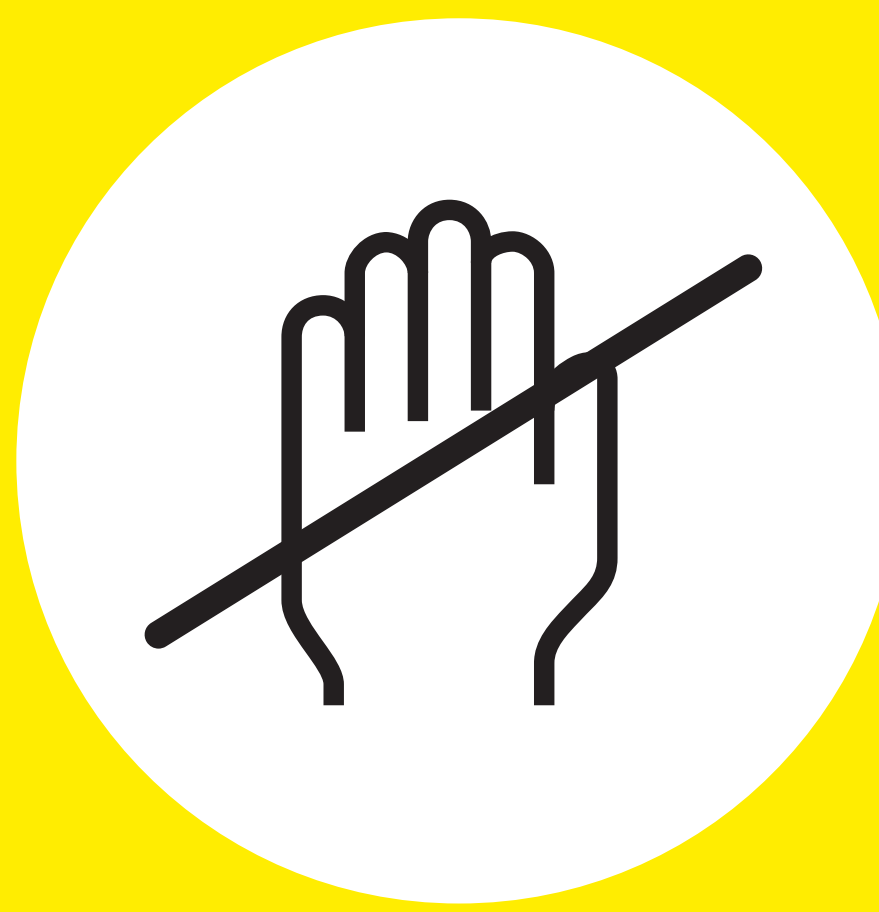
### **Avoid**

touching surfaces where possible



### **Practice**

good cough /sneeze hygiene. Use your elbow or a tissue



### **Don't**

touch your face



### **Pay**

special attention to vulnerable people



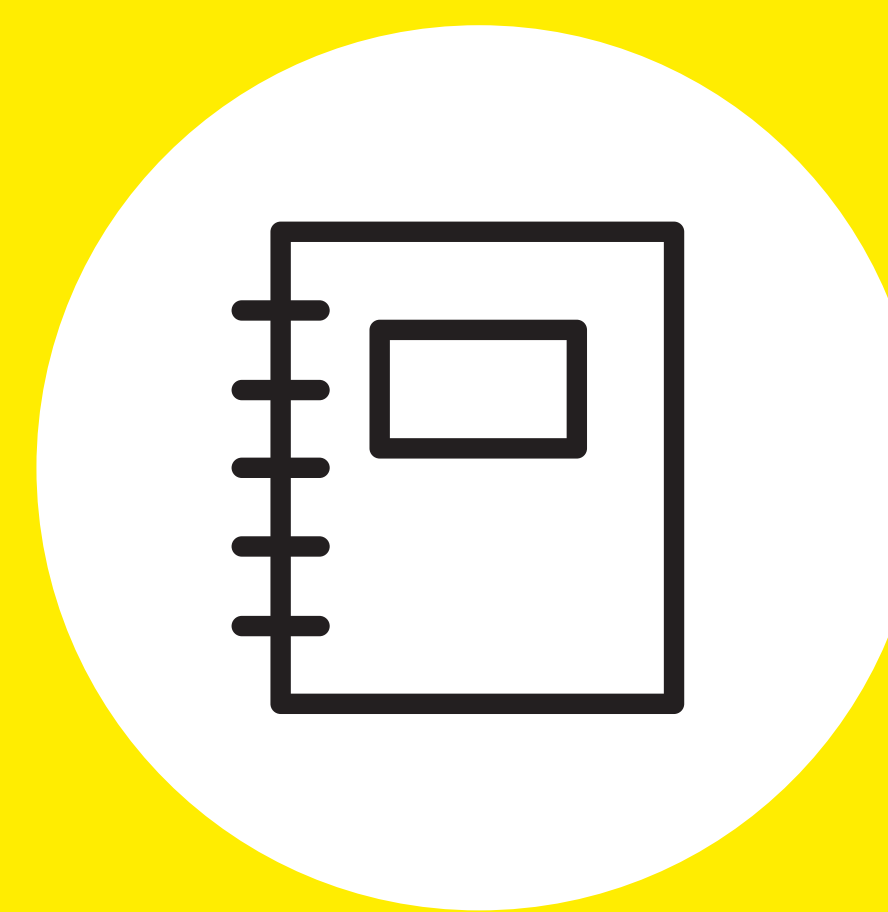
### **Respect**

other people including staff



### **Wash**

your hands for at least 20 seconds after using public transport



### **Keep**

a log of who you meet each day

### **COVID-19 symptoms include**

- > high temperature
- > cough
- > breathing difficulty
- > loss of sense of taste or smell
- > flu-like symptoms

\* Not suitable for children under 13 and those who have difficulty wearing them

## #holdfirm