

## Notice of Intent to develop a Clinical Guideline

### General Guidance

A notice of intent is notice provided by a Guideline Development Group (GDG) of a guideline in development likely to be submitted to the National Clinical Effectiveness Committee (NCEC) for prioritisation and quality assurance.

GDGs are encouraged to submit this notice as early as possible in the guideline development process. Please note that confirmation is required of HSE Corporate approval to proceed to prioritisation of guideline topic in line with NCEC criteria. This should be sought through the Office of the National Clinical Director, Integrated Care, Clinical Design & Innovation, Office of the Chief Clinical Officer. The email address to use is: [clinicaldesign@hse.ie](mailto:clinicaldesign@hse.ie)

The notice of intent will be published on the NCEC website. It allows information to be shared with stakeholders who have an interest in a clinical area, in order for them to communicate with each other and to prevent the possible duplication of effort where a number of stakeholders are undertaking work in the same area.

This notification neither commits the GDG to submit their guideline to the NCEC, nor does it indicate that the guideline will be prioritised or endorsed by the NCEC.


To ensure the Notice of Intent is still active, the NCEC may request updates on the status of the planned guideline periodically from the GDG.

### Useful Resources

- NCEC Preliminary Prioritisation Process National Clinical Guidelines (Sept 2015).
- NCEC *How to Develop a National Clinical Guideline – A manual for guideline developers* (2019).
- HIQA and NCEC *National Quality Assurance Criteria for Clinical Guidelines Version 2* (April 2015).

Further resources, including procedures and published guidelines, are available at <http://health.gov.ie/national-patient-safety-office/ncec>

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Guideline Development Group Details	
<b>Working Title of Clinical Guideline</b>	Adult Obesity National Clinical Guideline for Ireland
<b>Organisation Name</b>	HSE Obesity National Clinical Programme
<b>Affiliation to HSE National or Clinical Programme</b>	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>
<b>Name of HSE National or Clinical Programme</b>	HSE Obesity National Clinical Programme
<b>Confirmation provided of HSE Corporate approval to proceed to prioritisation of guideline topic in line with NCEC criteria (as accompanying letter)</b>	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>
<b>Name of primary contact(s)</b>	Karen Gaynor
<b>Job title(s)</b>	Dietetic Lead-HSE Health and Wellbeing
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<b>Mobile No.:</b>	087 4408590
<b>Email Address</b>	Karen.Gaynor@hse.ie
<b>Date Submission</b>	24 <sup>th</sup> June 2022
<b>Form of Submission (tick box)</b>	Email <input checked="" type="checkbox"/> Paper copy <input type="checkbox"/>
<b>Signature (Or accompanying email/letter)</b>	

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### Stage of Development:

Please tick the stage that best describes the current status of the guideline	Tick 1
Initial discussions only	
Plan to submit a proposal for prioritisation	<input checked="" type="checkbox"/>
Plan to submit a complete guideline	
Guideline in progress	
Guideline close to completion	
Other:	

### Aim of the clinical guideline and expected outcomes:

- In Ireland currently we do not have a National Clinical Guideline for the management of obesity. The Obesity Policy and Action Plan 2016-2025 recommended quality assurance guidance for obesity services. The Model of Care (MOC) for the Management of Overweight and Obesity in Ireland identified the need to develop clinical practice guidelines to support practitioners and service delivery.
- Adult Obesity Clinical Practice Guidelines for Ireland have been developed across 2021-2022 in a collaboration between the HSE Obesity National Clinical Programme, the Association for the Study of Obesity on the Island of Ireland and the Irish Coalition for People Living with Obesity. They have been adapted (using the ADAPTE framework) from the Canadian Adult Obesity Clinical Practice Guidelines published in 2020 (<https://obesitycanada.ca/guidelines/>) as part of an international adaptation project.
- The primary aims of the Obesity National Clinical Guideline are:
  1. To provide guidance for the delivery of quality, safe and cost effective services which improve patient health outcomes and experience by standardising clinical practice through early intervention and provision of treatment
  2. To disseminate evidence-informed options for assessing and treating obesity
  3. To improve the standard of, and access to, care for individuals with obesity in all regions of Ireland.
- The expected outcomes of the Obesity National Clinical Guideline are to:
  1. Provide guidance to improve the quality, safety, and cost effectiveness of obesity care in Ireland.
  2. Reduce obesity bias and stigma in healthcare settings
  3. Improve the health of the population by improving access to quality obesity care
  4. Develop evidence based best practice services for the end-to-end management of overweight and obesity for adults
  5. Standardise obesity care across all healthcare professionals and healthcare settings in Ireland.
- The clinical guidelines will provide foundation for:
  1. Training for healthcare professionals on evidence based best practice care for adults living with obesity
  2. Empowering people living with obesity to advocate and access the treatment and care they deserve
  3. Guiding development of future policy and legislation
  4. Predicting the potential financial impact of implementation of the national clinical guideline in Ireland

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### Scope of clinical guideline:

*Outline the key questions that will be covered by the clinical guideline; what the clinical guideline will not cover; the service users to whom the guideline will apply; the health service areas where the guideline will apply and the intended users of the clinical guideline.*

The key question the Obesity National Clinical Guideline is: what is considered best evidence and experience based clinical practice for the management of obesity in primary care, secondary care and tertiary care in Ireland? This question is considered across 18 areas:

1. Reducing weight bias in obesity management, practice and policy
  2. Epidemiology of adult obesity in Ireland (setting the scene)
  3. The science of obesity
  4. Prevention and harm reduction (clinical prevention)
  5. Enabling participation in activities of daily living for people living with obesity
  6. Assessment of people living with obesity
  7. The role of mental health in obesity management
  8. Medical nutrition therapy in obesity management
  9. Physical activity in obesity management
  10. Psychological and behavioural interventions in obesity management
  11. Pharmacotherapy in obesity management
  12. Bariatric surgery: selection and pre-operative workup
  13. Bariatric surgery: surgical options and outcomes
  14. Bariatric surgery: post-operative management
  15. Primary care and primary healthcare in obesity management
  16. Commercial products and programmes in obesity management
  17. Emerging technologies and virtual medicine in obesity management
  18. Weight management over the reproductive years
- The National Clinical Guideline does not provide recommendations for management of overweight, implementation of population level obesity prevention measures, or prevention or management of obesity in children and young people.
  - The target users for the National Clinical Guideline are health care professionals working in HSE operated and funded health and social care settings at all levels of care in Ireland. The guideline is also relevant to policy makers and contains key messages for people living with obesity which may serve as a guide as to the quality of evidence-based care that should be accessible. The guideline may also be used by healthcare professionals in other settings and by members of the public.
  - The Canadian CPGs on which the adaptation is based identified 179 PI/PECOT (Population, Intervention or Exposure, Comparison, Outcome, Time) questions across the 18 areas outlined above. Over 500,000 peer reviewed articles were screened and critically appraised used the Grading of Recommendations Assessment, Development and Evaluation (GRADE) approach, to produce 80 Recommendations (<https://www.cmaj.ca/content/192/31/E875>). The Irish adaptation considered how the Canadian guidelines and recommendations translate to an Irish setting in terms of relevance, generalisability and applicability.

### For CEU internal use only:

Date form received	
Acknowledgment sent	
CG number assigned	
NCEC meeting date	