

Counselling & Therapy . Deora Counselling . Mindfulness Clinic

## Proposed regulation of counsellors and psychotherapists under the Health and Social Care Professionals Act 2005

Submission from The Oasis Centre.

- There needs to be one statutory body to cover counsellors and psychotherapists. This means that all counsellors will be working from the same code of ethics and always remembering unconditional positive regard for clients.
- Grand-parenting qualifications could be set for existing practitioners provided that there's ongoing monthly supervision and name of supervisor, continuing professional development, insurance, garda vetting, letter from place of work if working with an agency carried out with due diligence.
- 3. A high degree of competence and training required for future registrants. Screening would need to take place in training colleges for students because passing exams/assignments doesn't necessarily make a good counsellor to work with vulnerable people.
- 4. Transparency around accreditation of training courses.
- 5. Colleges need to have more contact with centres that they are sending students to complete their Placements.