

**Position statement from Mental Health Ireland with regards to
the regulation of Counsellors and Psychotherapists professions.**

While organisations such as I.A.C.P., I.A.H.I.P. etc. manage the accreditation process for counsellors and psychotherapists at pre and fully accredited level in Ireland (including databases of accredited counsellors and psychotherapists) there remain people throughout the country who are practicing who have not completed a recognised accredited training programme and whose professional competence to practice is not monitored. This places people in communities at risk. It is vital that those practicing within the profession adhere to clear ethical guidelines and keep up to date with new learning in the profession through commitment to on going CPD and supervision. Without regulation in place there is no clear set benchmark for practice and as such this places the psychological health of people in communities around Ireland at risk.