



# Healthy Ireland The first 7 years

## The vision for a Healthy Ireland

**“where everyone can enjoy physical and mental health and wellbeing to their full potential, where wellbeing is valued and supported at every level of society and is everyone’s responsibility.”**

## 7 years in 7 numbers

Launched in 2013, the Healthy Ireland Framework, provided for the first time, a cross-government focus to deliver the vision for a Healthy Ireland. Significant progress has been made to implement this vision.\*



**14**  
Government  
Departments involved

The cross-society approach also includes all-island institutions, local authorities, public bodies, academia, schools & education institutions, sports, cultural, creative and voluntary groups.



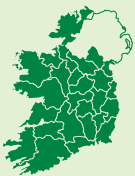
**7**  
Policies & National  
Strategies

The policies and strategies were developed and implemented across a range of health behaviours including physical activity, obesity, smoking, alcohol & sexual health, skin cancer.



**7,500+**  
People surveyed  
annually

The Healthy Ireland survey, Health Behaviours in School Aged Children, the Children’s Sport Participation and Physical Activity study provide a strong evidence base to guide the work.



**26**  
Counties with a Healthy  
Ireland presence

A national presence in each county linking in with a broad range of stakeholders representing cross society themes. This includes the 31 local authorities.



**92%**  
of people want to improve  
their health & wellbeing

Healthy Ireland public engagement and communications campaigns highlighted where people can find trusted information to start a journey to better health.



**4**  
National healthy  
eating guides

The guides provided expert advice for schools and hospital settings as well as for all people over 5 years old and for 1-4 year olds.



**€30m**  
invested in  
1,025 projects

The projects were supported by the Healthy Ireland Fund across 4 years from 2017 to 2020.